

Welcome to Sookmyung!

Pre-Arrival Information for Winter Beyond Borders Program

2012



Office of International Affairs (OIA)

Important Dates and Pre-Departure Checklist

► Important Dates

Dorm Check-in	Available from January 7th to 8th (Firmly Fixed Schedule)
Orientation for Exchange Students	January 9 th 13:00-15:00
Korean Language Placement Test	January 9 th (Application Needed) 15:00-18:00 *Intensive Korean Language Courses for intermediate and advanced levels can be registered according to the placement test result of applicant. *Students can register Korean Language for Foreigner I without having a Placement Test
Class Period	January 9 th to 31 st
Course Add/Drop	January 10 th
Farewell Party	January 31 st
Dorm Check-out	February 1st to 2nd (Firmly Fixed Schedule)

► Pre-Departure Planning Checklist

Process	Required Documents	
Apply for the exchange program to SMU	<input type="checkbox"/> Complete On-line Application and Send other application materials by post Http://e.sookmyung.ac.kr/ - Admission – International Programs – Winter Beyond Borders Program	Process through the international office at your home university
Obtaining the Letter of Admission from SMU	Receiving following documents from SMU <input type="checkbox"/> Letter of Acceptance, a required document for obtaining C-3(short-term visit) visa	
Apply and obtain C-3 Visa (if applicable)	<input type="checkbox"/> Valid Passport <input type="checkbox"/> C-3 Visa from Korean consulates in your home country.	Process Yourself or contact directly to SMU staff members
Purchase Health Insurance And plane ticket	<input type="checkbox"/> Obtain Health Insurance Coverage <u>or purchase the Korean health insurance policy once you arrive in Korea</u> <input type="checkbox"/> Purchase the Air-plane ticket to Korea	
Input Arrival information into the System	<input type="checkbox"/> Input Flight Information into SMU On-line Application portal system. (By Dec. 15th) <u>Please ensure that you should inform OIA how to get to Sookmyung once you arrive in Korea. If you do not input your flight information into the system, we regard that you will be at SMU by yourself.</u>	
Miscellaneous things to check	<input type="checkbox"/> Pre-departure medical and dental check-ups and Immunizations <u>You do not need any special immunization required during your stays in Korea. Please bring your own prescriptions if you need to purchase certain drugs in Korea.</u> <input type="checkbox"/> Credit Cards and some cash in Korean Won for the first few days. <u>Credit cards with Visa, Amex, Masters and etc are acceptable to most shops in Korea</u> <input type="checkbox"/> Converter with adapter <input type="checkbox"/> Laptop <u>You can use computers in library or computer labs in SMU. However, your own laptop would be more convenient to study. You can use wireless internet connection at Sookmyung without any charge.</u>	
This check list would support you to plan the study abroad in advance!		

Arrival in Korea: *things you should know before you leave*

IMPORTANT!

■ Health Insurance (or Overseas Travel Insurance)

Insurance policy of Sookmyung

All international students (including exchange students) **SHOULD hold hospital/ accident insurance or other healthcare coverage** for the entire duration of their stay in Korea.

- ❏ Health insurance should meet or more the following conditions of guarantee amount

Injury Death	US\$ 10,000	Permanent Lesion Hindrance	US\$ 10,000
Injury Medical Expense	US\$ 10,000	Disease Expense	US\$ 10,000

✓ Need to purchase insurance coverage in Korea?

You may purchase local insurance policy (LIG insurance) after arriving in Korea. If you would like to purchase local health insurance policy, please submit the application form at exchange@sm.ac.kr. The insurance premium would be around US\$70~80 and you may pay the fee by cash at the time of orientation session.

(Application form can be obtained at <http://e.sookmyung.ac.kr/> - Life on Campus – Health Insurance)

However, OIA **highly recommends** international students to purchase their insurance coverage prior to their departure to Korea which would cover the whole stays of study abroad program at Sookmyung. Please submit a copy of insurance policy before or on the date of orientation.

■ Visa Information

Students are required to **obtain C-3 Short-term visitor visa** from the Korean Embassy or Consulate in their home country for their stay in Korea. **Nationals of those countries or regions with which Korea has signed a visa waiver agreement can enter into Korea without a visa. (Australia/Canada/Hong Kong/Japan/USA etc)**



One of the required documents for applying visa, the letter of acceptance and a copy of university business certificate will be issued by SMU

✓ For the nearest Korean Embassy or Korean Consulate

Visit at <http://www.mofat.go.kr/english/regions/index.jsp>

✓ Need more information on C-3 visa?

Please visit at <http://www.hikorea.go.kr/pt/index.html> > click English> Information> Immigration> see the information for C-3 visa

■ Flight information and Airport Pick-Up Service Options

Please input your flight information (Arrival information in Korea) into the SMU on-line application portal by December 15th, 2011.

(<http://e.sookmyung.ac.kr> – Admission – International Programs – Winter Beyond Borders Program)

Sookmyung offers optional airport pick-up service as below. Student may choose one of options before they arrive in Korea.

1. SMU students' pick up service (Fee Charged)

SMU students will guide you from the airport to the accommodation.

- ❑ Fee charged, KRW 50,000 (pay in cash when you meet our buddy at the airport)
- ❑ Only available when the flight is scheduled to arrive between 10:00-20:00 o'clock.
- ❑ They will use the public transportation(airport limousine bus or train) to Seoul.
- ❑ Please apply first by July 15th if you want to use this service.

✓ What will be the procedure after applying for the SMU students' pick up service?

- ◆ OIA will assigned the buddy to international students. You will find the contact information of SMU buddy through the on-line application portal system once she is assigned by OIA.
- ◆ Buddy will contact to you via email as well to confirm the flight schedule arriving in Seoul and the meeting point around 1 week earlier to your departure.
- ◆ If you do not have any response from OIA and Buddy at least 1 week earlier, please contact us at exchange@sm.ac.kr in order to confirm.

2. Airport Help Center International (Fee charged)

You may reserve the door to door pick-up service by yourself at

<http://www.airhelp.co.kr/english/>

- ❑ The fee generally cost you US\$ 80 from the airport to accommodation.
- ❑ You can pay the fee with your credit card or cash (Korean currency) when you arrive at the airport.

✓ Flying to Sookmyung with your friend on a same flight?

We recommend you to use the Airport Help Center International to get to the housing. It is more convenient and the price would be cheaper since you may share the transportation fee.

3. Use the public transportation by yourself.

Korean public transportation will lead you to find the direction to Sookmyung easily. If you are planning to get to SMU by yourself, please refer to the "transportation guide" which will be provided with the housing assignment result by the end of July.

Cultural Excursions Program

■ Cultural Excursions Schedule (Subject to change)

Date	Contents
January 9 th (Mon)	13:00~14:00 - Orientation 14:00~1500 - Campus Tour 15:00~18:00 – Korean Language Placement Test 18:00~20:00 – Welcome Dinner / Party
January 11 th (Wed)	Special Lecture on Korean History and Culture
January 14 th (Sat)	Field Trip To Korean Folk Village
January 17 th (Tue)	Korean Food Making
January 23 rd (Mon) or 24 th (Tue)	Homestay Program or Nanta Performance
January 31 st (Tue)	Farewell Party

**No class on January 23rd and 24th for National holidays, Lunar New Year's Holidays.

■ Cultural Excursions Description

✓ Special Lecture on Korean History and Culture (on January 11th)

This program offers you the opportunity to learn about Korean history, its culture and tradition. You may find the indepth knowledge of Korean history and culture and understand its tradition and values.

You can have a special chance to try on Korean Traditional costume "Hanbok" at this session. Hanbok is the traditional Korean dress. It is often characterized by vibrant colors and simple lines without pockets. Although the term literally means "Korean clothing", *hanbok* today often refers specifically to hanbok of Joseon Dynasty and is worn as semi-formal or formal wear during traditional festivals and celebrations. Modern hanbok does not exactly follow the actual style as worn in Joseon dynasty since it went through some major changes during the 20th century for practical reasons.



✓ Field Trip to Folk Village (on January 14th) ** One day Program



The Korean Folk Village is home to numerous collections of Korean cultural artifacts, providing an opportunity to experience and learn the culture of ancestors firsthand. The village has been developed to convey the wisdom and the spirits of our ancestors to both domestic and international tourists.

✓ Korean Food Making (on January 17th)

This program will be organized by Korean Food Institute which is the only Korean food institute established in University. It conducts organized researches and instruction of Korean food and scientifically systemize, industrialize and globalize them. Throughout this program, you can learn how to cook 3 famous Korean cuisine, Bibimbab, Kimchi and Bulgogi.





✓ **Homestay Program or Nanta Performance (on January 23rd to 24th)**

This program offers you the opportunity to learn about Korean culture and its customs and values in a secure and friendly environment. By Staying with a Korean family you will improve your Korean and get a thorough understanding of Korean life. Host family arrangements will be announced later. (Please note that transportation expenses will not be covered by us)

As it is expected that there are limited host family available, program can be substituted to NANTA performance.

✓ **Nanta Performance**

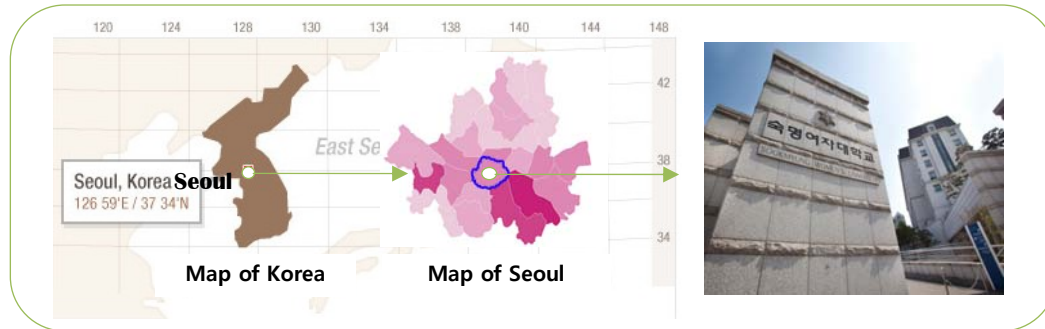
Since the first performance in October 1997, this world famous non-verbal performance made a record of driving the largest number of audience in Korean History. NANTA made its international debut in 1999 at the Edinburgh Fringe Festival, in which it received an award for best performance. Since then, it has walked on the road of success around the world. Finally in Feb. 2004, it arrived at Broadway, New York, for the first time in Asia. It is still known as a first performance that opened a new page in Korea's cultural history. Now, about 4,000,000 people around the world are enjoying a great time with NANTA. NANTA is also playing in its own theaters in Korea as a long-term project. NANTA was awarded the Best Urban Program in 2009, and is being highly recommended as a foreign tourists 'must-see'. Around 380,000 foreign visitors come and enjoy NANTA every year.



Students life in Seoul, Korea

■ Sookmyung Women's University, Seoul, Korea

Sookmyung is located in the middle of Seoul, the capital city of Republic of Korea. You may reach CBD of Seoul in 10 minutes by public transportation from Sookmyung Women's University and enjoy the prosperous culture and the valuable assets of Seoul city.



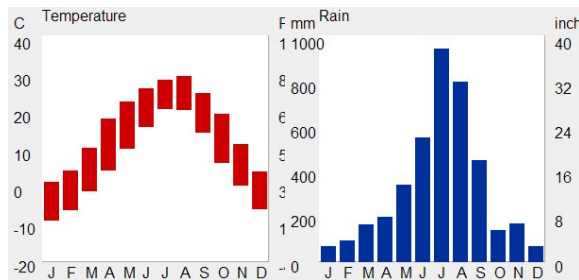
■ City of Seoul



Seoul is both a modern metropolis and a repository of Korean culture. All that is required is a little curiosity and an adventurous spirit to discover and appreciate the many things to do and places to visit. Places of interest range from open markets to luxurious department stores, small

student-run theaters to world class art centers, and century old palaces to modern high-rises. For more information please visit at <http://english.seoul.go.kr>

■ Weather and Climate



You will be visiting Korea during winter season. The climate is between -10°C- 5°C. Korean Winters are cold with lots of snow.

■ Time Zone

9 hours ahead of Greenwich Time.

Students life in Sookmyung

■ International Housing (Accommodation for International Students)

- ❑ Rooms for **double** are available
- ❑ Housing assignments will be notified by the end of December at the latest.
- ❑ No Meal Plan available
- ❑ Due to the security matter, international housing applies the curfews (12:00 a.m.)

IMPORTANT!

■ Meals

You are responsible for purchasing or preparing your own meals. You may buy your meals in one of the college cafeterias, or in one of many restaurants in campus area. There are many good, affordable restaurants including school's cafeteria. If you are vegetarian, be sure to ask about the ingredients before ordering: Koreans do not consider processed ham to be meat, which often causes confusion for foreigners. The main staple food for Koreans is rice. It is accompanied by a variety of side dishes and soups which are placed at the center of the table for everyone to share. A spoon and chopsticks are used for eating.



- ❑ Many meals cost as little as the equivalent of USD 5
- ❑ You should budget at least USD 70 per week for food
- ❑ 24 hours open convenient stores are available near the campus
- ❑ Many options of meals are available: not only the Korean cosines to choose, you may have Japanese, Chinese, Italian or other western style foods.
- ❑ Most of International house are not allowed to cook inside of the building.

Students life in Sookmyung

■ Library

	Location	Hours
Main Library	2-6 floors	Weekdays: 9:00-19:00 Saturday: 9:00-13:00
Reading Room	A1, B1, B2 floors, Main Library	24 Hours ** Male students need to use A1 floor only after 10pm

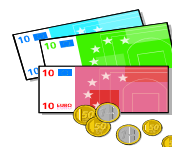
■ PC spots

- ☞ Wireless internet is accessible within the campus
- ☞ In order to wireless access, you need to be issued ID/PW which is non-chargeable.

Name of Bldg	Location	Hours	Remarks
Int'l House I	1F	24 hours Monday Thru Friday	*Printing Service available 30 won/ 1sheet Papers should be prepared by yourself
*Main Library	2F	Weekdays: 9:00-19:00 Saturday: 9:00-13:00	TV/Video/Scanner use available
*Myungsin BD	1F	Weekdays: 10:00-17:30	PC labs

■ Bank for Money Exchanging

There are 3 banks for Money Exchanging near SMU campus. You can change foreign currency or travelers checks into Korean currency.



☞ Banking Hours: 9:30-16:00 Weekdays

Name of Bank	Location
Shinhan Bank **recommended to use	5 min distance from SMU Shinhan Bank run the ATM machines within campus
Kookmin Bank	10 min distance from SMU located by exit#9 of line number 4, Sookmyung Women's University Station

■ Cell Phone

We do not regulate students to buy mobile during their stays in Korea. You may need to purchase phone in Korea which are useful to keep in contact your friends and family. The private tele-company is located in the Sookmyung campus and you can easily create your phone number. Due to the cost of the phone itself, most students prefer to buy the used phone which enable students to buy with cheaper cost. Normally, it will cost you USD 30 per month.

■ Health Care Center

- ☞ Location: #B009 (Basement floor), Queen Sunheon Building
- ☞ Working hours: 9:00-17:30 Weekdays only




- ❑ Only general check-up is available (free of charge)
- ❑ Nursing Room is available after making an inquiry to the check-up room

If you feel sick physically and emotionally, you can use the health care center. Medicare card is not needed. After counseling with a doctor, you are prescribed medication. When necessary, you are advised to go to a professional clinic for treatment.

■ Emergency Contact

If you have any troubles or need any assistance during your stay in Korea, please don't hesitate to contact OIA.

In emergency situation, please call as below:

	Ambulance	119
	Fire	119
	Police	112

■ Public Transportation

Seoul is geographically compact and boasts one of the world's most efficient, safe, affordable and frequent public transport systems. Whether by subway, by bus or by taxi, you can get around easily and catch wonderful glimpses of the city along the way.

❑ Transportation Card: T-money

T-money is pre-paid smart card using for a pass for public transportation including buses, subways and taxis. The price of the card is about 2,500won (non-refundable) and can be purchased at subway ticket boxes or convenience stores. You can get a fare discount every time if you use T-money Card. (ex. Payment by Cash: 1,000won / Payment by T-money: 900won). You also transfer to other bus or subway without extra charge within 1 hour.



■ Currency

The unit of Korean currency is the Won. As coins, the won is minted in 10, 50, 100 and 500 won, while as bills are issued in 1,000, 5,000, 10,000, and 50,000 won. Banks also issue checks in W100,000 increments. As with most currencies around the world, the won exchange rate fluctuates, but as of now (May. 2011) the rate is approximately less than 1,100 won to the one US dollar (approx 1,500 won = 1 Euro).



■ Electricity

The standard electrical voltage in Korea is 220 volts AC, 50HZ, so you will need an adaptor for your 100-volt appliances and electrical equipment. The majority of electrical outlets in Korea take a **two-pronged plug**. Please make sure that you get one to get your batteries charged.



■ Clothing and other Items

You may either bring or buy these items in Korea.

- ❑ Bring proper clothing for weather conditions such as jeans, sweaters, etc.
- ❑ In March and April, the weather differences between days and nights are quite big. Please bring some warm clothes.
- ❑ Umbrella

- ❑ Toiletries
- ❑ Camera, film or sufficient memory, batteries
- ❑ Flip-flops or sandals that can be used in showers

** Since Sookmyung locates in the middle of Seoul, and Seoul is metropolitan city, you may purchase most of products you would like to have. You can easily reach the supermarket, convenient store, flea market, department store and so on.

What to Bring

<i>"Must Bring" items</i>	Recommended Items
➤ Your ID card and passport	➤ Personal medicine
➤ Your student ID card	➤ Rain Gear
➤ Personal hygiene items such as toothbrush, toothpaste, towels, soap, shampoo, slippers, detergent, etc.	➤ Camera
➤ Hair dryer (if you need)	➤ Some souvenirs for buddies
➤ A pair of good walking shoes	➤ Taekwondo wear (if you already have)
➤ Note pad and pens	
➤ Pocket money	
➤ A two-pronged plug	

<i>Prices of commodities in Korea</i>	
A bottle of Water (350ml)	US\$ 0.3
Shampoo	U\$ 5
A regular size of Starbucks Café Latte	U\$ 4
A bottle of Beer (550ml)	U\$ 1.2
A two-pronged plug	U\$ 3
Big Mac at McDonald	US\$4.5

Campus Map



- | | |
|-----------------------------------|-------------------------------------|
| 1) Queen Sunheon Building | 14) College of Music |
| 2) Suryeon Faculty Building | 15) Center for Continuing Education |
| 3) Haengpa Faculty Building | 16) College of Pharmacy |
| 4) Veritas Building | 17) College of Fine Arts |
| 5) Myungshin Building | 18) Centennial Hall |
| 6) New Myungshin Building | 19) Freedom Gate |
| 7) Administration Building | 20) The Institute of Korean Food |
| 8) Student Union Building | 21) Main Library |
| 9) Grand Auditorium | 22) College of Science |
| 10) Peace Gate(Main Gate) | 23) International House I (IGH 1) |
| 11) Myung-Jae Residence | 24) International House II |
| 12) Wisdom Gate | 25) Professional Center (PC) |
| 13) University Museum | |